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### Dear Readers,

The school year is almost over and so are the high school years of the seniors. Therefore, it is time for us to say goodbye. Nevertheless, an American poet, Henry Wadsworth Longfellow, once said: "Great is the art of beginning, but greater the art is of ending." Therefore, before leaving, we decided to create another beautiful school magazine with a lot of wonderful articles for you. There is no time for being elegiac. Let's focus on something we are really grateful for. So, what have we experienced during these splendid years?

Because some students got a great opportunity to travel over half the world, this issue of our magazine is dedicated to Taiwan. You can read a story of growing friendship between Czech and Taiwanese students. If you wonder what to wear in Taipei, want to know this island country a bit better or see some beautiful photos of the trip, this issue is definitely worth reading. Do not forget to puzzle out or crossword, too. Want to read something different? Here you can find an interview with our former student who writes theatre plays and leads the school drama club. Have you ever wondered why we should learn swear words in English? You can read an interesting article about it here, too. Foreigner in the Czech Republic? Find our article about the most beautiful of capital cities. If you want to look back a little bit and see how this year's prom went, read our article about it and check out our gallery. Last but not least, do not forget to give a chance to our tips for healthy and tasty breakfasts.

Before you start reading the content, I would like to thank all members of the team who were contributing to this magazine. Thank you very much! And special thanks to Lucie Kulhánková for gorgeous design of cover pages of the magazines!

So, enjoy this issue and the high school years!

Your Maddie

# **STORY TIME: Taiwan**

Last year I was supposed to choose a girl from Taiwan who would be staying in my home with me and my family. It was hard to decide just based on a few sentences the Taiwanese students had written about themselves. I ended up with Alice.

I was nervous about their arrival. What is she like? You can't know a person from basic messages and pictures, so I hoped that we would like each other. We picked our visitors at the airport and drove home. She was so nice and funny. She was even impressed with the view (of a supermarket and part of the outskirts of Pardubice) out of our kitchen window.



My parents liked her immediately and we started to create our friendship bond.



I took Alice to a prom, we went to some trips around the Czech Republic. Then Alice wanted to buy some traditional food. Well, she ended up with almost half of the supermarket in her bags. Like a blink of an eye their trip was coming to the end. I couldn't believe how much I started to like her within few days. She grew so close to my heart. She told us that we are part of her family. We drove Alice to the airport and said our goodbyes.

The Formosan rock macaque is a macaque endemic to the island of Taiwan, which has also been introduced to Japan. Besides humans, Formosan rock macaques are the only native primates living in Taiwan.



We didn't lose touch and in December, half year later, we continued where we ended. I was so happy to see her again. We became even closer, shared our experiences. It felt like I knew her my whole life. Her family and friends were also kind, friendly and generous. And I will always remember my time there. I enjoyed every moment I spent with Alice in Kaohsiung. It was hard to leave Taiwan because I felt like I was home there.





It's a few months since I got back. We are still in touch and I can't wait until we see her again.

It has been an incredible experience to travel across the world. To get to know so many people and their culture. I gained more than a friend. Family is maybe not defined just by blood.

### 我很開心我有參加這個交換計劃!也希望你能在 這有美好的回憶及享受在這裡的時光

I am happy I joined this programme and I hope you will enjoy your time here too!



Kristýna Turociová, G3.B



# WHAT TO WEAR: Taipei

While Taiwan has a strong food culture and breath taking sceneries that are worth a trip, there is more than meets the eye to the small island nation. Fashion wise, we can safely say that Taiwan is up for contention alongside Korea and Japan. Strongly influenced by trends from both countries, Taiwan's fashion scene is growing steadily for a good reason.

Like almost anywhere else in the world, the love and passion for fashion is generally related to the distance from a certain place to the biggest city. Taipei is definitely Taiwan's most concentrated fashion centre, even though it is often not highlighted in the area of fashion and design talent. But there is an upward trend of young 'streetwise' designers that have both the passion and ability to create a look that is distinctive and attracting global interest.

More and more university students are opting into creative programs dedicated to fashion design, too. They might not be as known as the internationally famous Taiwanese-American fashion designer Jason Wu (who has dressed none other than Michelle Obama), but their determination and passion are definitely admirable and fashion beneficial.

So, if you belong to fashion enthusiasts or just love buying new clothes, you should definitely check Taiwanese brands out. Every single one has its own original style, from minimalistic to playful to gender-blending. Ready to explore styles and trends in Asia? Here are some of the most popular clothing brands from Taiwan that you can shop online. Explore what is hot in Taipei and see if you like it. Dress up according how you want to be addressed.

Let's have a look at some Taiwanese fashion brands that are worth our attention!

### **Minis Mode**

oversized

street apparel

dressier

feminine

sweet & cute



### SU:MI Said

monochromatic

splurge

timeless

original

convenient

### **Soulsis**

earthy & muted

neutral

lovely

feminine

oversized





### Leme Studios

slouchy

loose

eclectic

sweet & cute

contemporary



Magdaléna Malířová, G4.C

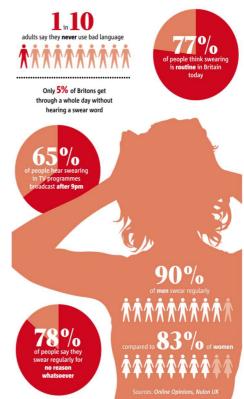
## Why should we learn swear words in English?

Swear words, also known as curse words, bad words or obscenities are basically an English learning and teaching taboo. In my opinion, everyone should have a choice of deciding how valuable learning swear words is for their English and especially their fluency.

### So why should we learn swear words?

Firstly, if you want to be truly fluent in any language, you should be able to adapt your way of speaking to your environment. In other words, you probably will not need bad words while speaking academic English. But if you learn the right swear words and use them in the right situation and context, it can benefit you enormously.

Secondly, learning swear words can prevent you from being offended every time you hear them. Most of these words are not inherently bad or offensive, but people only did not learn how to use them properly. The worst



case scenario is when a highly competent English speaker misuses a bad word. On the other hand, people who refuse to learn them or at least understand them can never reach fluent comprehension of today's pop-culture. In addition to that, bad words can help your speaking by adding emphasis, emotion or to show a relief of pain.



## Why are people afraid of learning/teaching swear words?

Misusing swear words can be pretty embarrassing and even the smallest errors can drastically change their meaning and cause unpleasant misunderstandings. This can be an issue especially for non-native

speakers who do not have deeper understanding of the language they are using. More importantly, non-native teacher often does not know how to use them themselves. And then there are obviously the assumptions that swear words are always bad and therefore they have neither value nor use in language. Therefore people either avoid using them completely or misuse them and make complete  $\pm 1\%$ ?@! of themselves.

### The Shit vs Shit

Here is an example of how a curse word can be misused or misunderstood. I bet everyone has noticed that the word I used above is a curse word. But what if I put it into a context? If I say "this song is shit", I am saying that the song is bad and I have a negative feeling about it. But if I say "that song is the shit", I am actually saying I like the song and I am actually even sort of recommending it.



On this example, we can see that one little, at first sight pointless article (the) can make all the difference. Therefore, we can say this one particular curse word can be both negative and positive. Furthermore, there is plenty words like that, for example ass vs badass ...etc.



In conclusion, swearing does not have to be necessarily problematic or harmful, if put into the right context. Swearing can be connected with both positive and negative outcomes. In fact, in order to correctly express ourselves, we often use swear words. Sometimes even without realizing it. Therefore, knowing when to use a swear word in English can give you a side of fluency you simply can't learn at school.

According to multiple studies that have been made over the years, young people swear more often than ever. If that is the case, then we should be careful but positive about the incoming

trend and learn how to use this tool correctly and harmlessly. Specifically, we have to address this "issue" since the young age, because once a young children learn a swear word, they are not very likely to unlearn it or truly understand its meaning and the historic development behind the word.

Today, we can hear swear words everywhere – the mass media, music, movies and even literature. Therefore, I think that the best way of summarizing this article is by a quote from a wellknown American author, Mark Twain, who said:

"When angry count four; when very angry, swear. There ought to be a room in every house to swear in. It's dangerous to have to repress an emotion like that. Under certain circumstances,



urgent circumstances, desperate circumstances, profanity provides a relief denied even to prayer."

Martin Janatka, G4.C

## 6 Ways How to Diversify Your Diet

Smoothies made purely of whole fruits and vegetables, and if desired, a little soymilk or nonfat dairy, are wonderfully healthy and nutritious.

Fibre is an important part of any diet. It prevents constipation, lowers cholesterol and makes you feel full longer. In juice, the fibre has been removed. However, since a smoothie is just blended fruits and vegetables, smoothies still contain valuable fibre. So, let's have some!

#### **ORANGE SMOOTHIE**

- o ¼ cup orange juice
- o 1/2 cup vanilla Greek yogurt
- 1 small orange, peeled and frozen
- o 1/2 peach, peeled and diced
- o 1 carrot, grated

### **PURPLE SMOOTHIE**

- o 1/2 cup pomegranate juice
- ½ vanilla Greek yogurt
- o 1/2 cup frozen blackberries
- o 1/2 cup frozen blueberries
- o ¼ cup cherries, pitted



### **YELLOW SMOOTHIE**

- o 1/2 cup pineapple juice
- o ½ cup Greek yogurt
- ½ cup frozen pineapple, diced
- o ½ cup frozen mango
- o 1 banana, chopped
- $\circ$  1 tsp grated ginger

#### **RED SMOOTHIE**

- o ¼ cup almond milk
- o ½ cup Greek yogurt
- ½ cup frozen raspberries
- ½ cup frozen strawberries
- o 1/2 cup frozen watermelon

#### **PINK SMOOTHIE**

- o 1 cup coconut milk
- o 1 cup Greek yogurt
- o 1 banana
- o 1/2 cup frozen strawberries
- o ¼ cup oats
- o 6 ice cubes



### **GREEN SMOOTHIE**

- o ½ cup orange juice
- o 1/2 vanilla Greek yogurt
- $\circ$  1/2 avocado, peeled
- o 2 kiwis, peeled
- o 1 handful of baby spinach

## **Homemade Cinnamon Crumpets**

### WITH RASPBERRIES & HONEY

If you are a sweet-food lover, we have good news for you. This time we add a recipe for delicious homemade cinnamon crumpets with raspberries and honey. You can stick to this recipe with raspberries and honey or you can edit it in any way, it is only up to you how you will prepare it. Anyway, whatever crumpets you make, we believe you will enjoy it.

### | Ingredients

### CRUMPETS

- 300g white flour
- 1 egg
- 400ml milk
- 1 teaspoon caster sugar
- 1 x 7g sachet of yeast
- 1 pinch of bicarbonate of soda
- 1/2 teaspoon ground cinnamon

### TOPPING

- 1 lemon
- 250g ricotta cheese
- 2 tablespoons runny honey, plus extra for drizzling
- 3 large handfuls of fresh raspberries
- vegetable oil, for greasing

### | Method

- 1) Place all the crumpet ingredients into a bowl, add 2 teaspoons of sea salt.
- 2) Leave to stand for 10 minutes to let the yeast develop.
- 3) Grease the inside of the metal rings with oil, then place in a non-stick frying pan on a medium heat.
- 4) When the pan is nice and hot, spoon some mixture into each ring, so it is roughly 1cm deep. Turn the heat down to low and leave for 15 minutes to cook through.
- 5) When the time is up, bubbles and crumpet-like dimples should have formed on the top turn the crumpets over. Cook for another 5 to 10 minutes, or perfectly golden.
- 6) Serve the crumpets warm with a toping of ricotta, a scattering of fresh raspberries and honey. Enjoy your meal!

Markéta Plachá, G4.C



## INTERVIEW WITH A FORMER STUDENT

Former students know that the time we spend in high school is irreversible. Therefore, I asked one of them, Jan Bolehovský, to summarize what he experienced there. What did he learn? How good were these years? How did he enjoy this time of his life? The answers to not only these questions might help the applicants or the freshmen to start this great episode of their lives properly. So, let's get started!

### | If you could travel in time and select again, would you choose this high school?

Yes, of course. Gymnázium, Pardubice, Mozartova is the best high school in Pardubice and the best choice for students who want to continue with their studies at universities because our high school prepares perfectly its students for their future studies.

## | Can you describe your studies there in few sentences?

Yes, I started my studies at our high school in September 2014. To the beginning, I must say almost everything was very new and difficult for me, but I got used to it over time. Subjects like chemistry, physics or biology were my unpopular, on the other hand Czech, literature and history were my beloved subjects and they are my hobby to this day. I also liked geography and foreign languages, I studied English and French.

## | Did studying there give you anything you are thankful for?

Yes, absolutely. Without no doubt, I got better in English and French and in this case, a big thank belongs to Mrs. Lensmith and Mrs. Kusá.

### | Do you regret anything?

Non, je ne regrette rien... 😉

### | Did the school prepare you well for the school-leaving exams, the entrance examination and studying at university?

I think our high school prepares perfectly each student who wants to pass successfully the exam and to get to the university. In this time, I study at the university and I have no problems.

## | Would you rather come back to high school or not?

Yes, of course. Our Gymnázium is still a big love of my heart.

## | Is there anything you would like to tell our freshmen?

Some advice for freshmen? Our dear freshmen, be kind, polite, thorough and remember one very important thing – you'll learn everything, you just have to have the will...



And now, let's get to focus on culture. Because there are many students who like visiting theatres very often, some of them, including you, decided to establish a little, unofficial drama club at school in January 2018. At that time, you wrote a play called *Děvče s čertem v těle* (also known as The Girl) which had a premiere in Pardubice on 13<sup>th</sup> June 2018. The story takes place in Czechoslovakia during "The First Republic" era. Although this period is considered as the time of prosperity, your play shows us not-always-happy everyday lives of the people.

### | Can you tell us more about it?

Yes, of course. I wrote theatre play called *Děvče s čertem v těle* when I was fifteen, but I put the screenplay to my desk drawer and I decided it isn't good enough to stage it. Big change came before Christmas 2017 when our teachers Mgr. Škarvadová and Mgr. Kasalová read my theatre play and they were excited about my theatre play. After that everything went so fast – in January 2018 we arranged an audition in our high school and then the rehearsals were under way from February to June. Big thanks for that belong to Mgr. Škarvadová and Mgr. Kasalová because they were the directors.



### | What was it like to stage a theatre play?

It was amazing! The French say "inoubliable". It is very difficult to describe the wonderful feeling when you see "the birth" of a theatre play, your own play - it was way too good to be true – but it wasn't fiction, it was a fact, and that's the most beautiful thing about it.



## | Would you like to become a director, scriptwriter or actor in the future?

Drama is not a hobby of mine; it is my obsession! My big dream is to become a famous scriptwriter but I think it will take very long time...



Vstupné: 80,-

## | Can you share any highlights of the theatre rehearsals?

Any highlights of the theatre rehearsals? (3) All rehearsals of The Girl were OK, but one of them could be my last hour... In May 2018 the premiere of The Girl was in June 2018 so in May 2018 we were taking photos of actors in their costumes because of the poster. And Anežka – my friend whose role was Nataša Ivanovna, a Russian emigrant, was sick for two weeks and she ignored my messenger and SMS messages to come to school for a photo shoot on Saturday. I was very angry and I was afraid we wouldn't create the poster we needed because of Anežka. But what a surprise! On Saturday I arrived in our school, I was one foot in the grave for nerves, I came to the classroom and I saw Anežka sitting there with other actors and she just said: "I'm here! Are you happy?" Don't want to know how I was and how I felt but on the other hand, I was glad because we took all the photos so we could create a great poster of our play.



## | Few months ago, you wrote another piece. Can you tell us something about it?

Just like The Girl, *The Crazy Sister* – it is the name of my new theatre play – is also crazy comedy which take place in the 1920s and 1930s. I adore the era of the twenties and thirties of the twentieth century, I think it was the it was the most beautiful phase in Czechoslovak history and we try to capture this fact in our comedy. I don't want to reveal more... The audition took place this March. Come to the premiere which will take place at the end of June this year, we will look forward to you!



### | What was the audition like?

As I said before, the audition took place twice in this March and it was super. I must say most of the roles went to freshmen who have very good talent. All roles are cast and now we make the rehearsals.

## | Do you enjoy the time spent back at high school?

Yes, absolutely! Gymnázium, Pardubice, Mozartova is still a big love of my heart...

Thank you very much for your time. I wish you many successes in your future studies and hope to meet you in High School Mozartova again soon! And to all the current members of the school drama club: be patient, work hard in silence, and let your success be your noise. And remember what Shakespeare once said – all the world is a stage. So, do not waste your time!

Magdaléna Malířová, G4.C

# **PROM:** Preparations

At the end of the 3<sup>rd</sup> year we were 'punished' to make a group of 4 or 5 classmates. At our school there are always 3 classes in every year. So we made one big group of 15 people to create a prom council. Our task was to deal with people who help us to make our prom and inform our classmates about the latest news and generally make up a big social event. An amazing prom!

Our first meeting was at the end of February 2018. There, the ex-organizers shared with us their experiences and were talking about how complicated it was. We did not believe, which was a mistake. They were true.

At the second meeting we agreed on the topic of our prom. Then we had to design tickets and programmes which were telling visitors what the prom offered. Our girls designed very fairy-like and beautiful ticket and the programme ticket also. Me and my friend Majda who was also in the prom council arranged the print of the tickets and programmes and solved every problem that came out. So the most important thing was completed. The others from the council booked up the band, DJ, illuminators and a decorating company. Talkative members arranged some donors, too. All these things we did by ourselves in our free time.











I perceived this event as a big challenge to overcome and win. And I took it as an opportunity to make myself stronger and conscientious too. I want to say that this school is not just about the studies and this prom is a perfect proof. It is also about preparing us for real life where nobody will help you and teaches us to become responsible individuals.

Our prom was one of the best proms in this region because we really did our utmost and wanted to have the best and the most beautiful ball and we succeeded. I can say I am proud of everyone that helped to organize this prom and also I want to thank you all for being such a wonderful audience.

Kristýna Dunová, G4.C

I am sure that you will not believe me but this lasted for a year and a half to organize. It sounds very easy but there are trifles which always took us really long time to figure out, for example, a raffle or an opening dance show.







## QUESTIONS & ANSWERS

You might be wondering how the seniors are doing after the prom. Well, they definitely should be studying for their school-leaving exam. There is no time to waste, you may think to yourself. But the sad truth is that the majority of them have not even started studying yet. Surprised? I do not think so. They are still absorbing experiences from the prom night. No wonder, the prom was really gorgeous! Is there anyone who did not enjoy it? Okay, enough of that. They will (hopefully) leave high school very soon. So, what are their future plans? What do they want to study at universities? Are they going to study Science (sciences, engineering, medicine, programs that are more focused on scientific and mathematical subjects) or Arts (communication studies, diplomacy, history, linguistics, public administration, political science, or other subjects within the scope of the humanities and social sciences)? And last but not least, are they going to remember their high school years? Do they think that this school was the right choice? Are they grateful for (still) studying here? I asked thirty seniors via Instagram these questions and now I can share their answers with you. Let's see whether they seem surprising to you or not. Here they are!



Did you enjoy the prom?

YEAH!	I'M GLAD It's over
95%	5%

## Studying for the school-leaving exam?

YES!	NOT YET
59%	41%

### Your further studies?

SCIENCE	ARTS	
39%	61%	

## Are you grateful for this high school?



Magdaléna Malířová, G4.C

# PRAGUE: Capital of Czechia

Prague is the capital city of the Czech Republic and the 20<sup>th</sup> largest city in Europe with a population of around 1.3 million inhabitants. Prague's motto is "Praga mater urbium" which means Prague, Mother of Cities or a city of a hundred spires. Prague is deservedly called one of the most beautiful cities in the world thanks to its splendid architectural sites all around the city. What makes Prague really unique is the rich variety of artistic styles. If you are a fan of gothic style you should visit Prague's castle including St. Vitus cathedral on which construction workers worked on for almost 600 years. If you're more into renaissance architecture Schwarzenberg Palace is a good choice. Baroque architecture is also seen everywhere around Prague. Another style that is really unique is cubism. The most famous building built in cubist style is the House of the Black Madonna.



Prague is divided into 3 regions Old town, New town and Lesser town which is separated from the first two by Vltava river. The most popular part of Prague for citizens of Prague is Wenceslas Square. It's the biggest square in the Czech Republic and also the most famous. You can easily recognize it by the statue of Saint Wenceslas sitting on a horse which is located

in front of the National Museum. This square is a very important place to Czechs because it was the place where the first Czechoslovakian Republic was declared in 1918 and in 1989 it was the center of the Velvet Revolution which brought democracy back to the land and got rid of the brutal communist regime which was here from 1948 to 1989. The Velvet Revolution took place on 17<sup>th</sup> November on International Students' Day when the demonstrations started.





The Old Town is the oldest area in Prague. You can find there a famous astronomical clock which is really rare in the world due to its old mechanisms and design, Kinsky Palace which serves as a museum now and the Týn church. When you move from the Old Town to the Lesser Quarter you have to cross one of Prague's many

bridges. The most famous of these is the Charles Bridge built in the 14<sup>th</sup> century by Charles IV who was a really powerful Roman emperor and a Bohemian king. You can also admire the baroque statues from the 18<sup>th</sup> century that are located around the bridge. In these days you will only see replicas of them because the real ones are located in the archives for their protection.

When you cross the Charles Bridge you find yourself in the Lesser Town where Prague Castle is located. Prague Castle is the biggest castle complex in the world and also holds a Guinness World Records. Around the castle there is St. Vitus Cathedral where the Bohemian crown



jewels are held. When seen from boat rides on the River Vltava, Prague looks like a romantic city which wasn't always a true. From 1939 to 1945 Prague experienced a real terror under the Nazis during the World War II, then in 1948 the communist regime took control of the whole of Czechoslovakia (today Czech and Slovak Republics) and punished innocent people. In August 1968 Prague witnessed Soviet occupation that teared all hopes for more freedom in Czechoslovakia. In 1989 Prague was the center of revolution that got rid of the communist

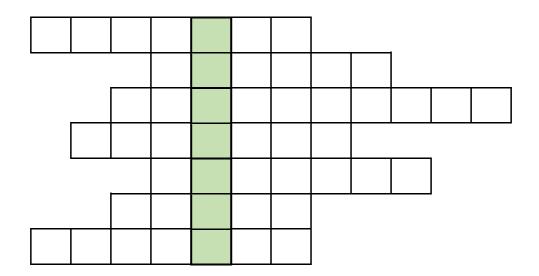


regime and restored democracy. Prague is also a center of modern art. They are many modern art galleries such as National gallery. The most visited modern art location in Prague is the Lennon Wall which represents love and peace.

Marek Thomas, G3.A

# **PUZZLE TIME**

- 1. The name of the deadliest typhoon which struck Taiwan in 2009.
- 2. The capital of Taiwan.
- 3. Because of its location, Taiwan suffers especially from one natural disaster.
- 4. The name of the most famous lighthouse which is located on the southernmost point of the island.
- 5. In 1542, the Portuguese sailors on the way to Japan found the island and named it "Ilha \_\_\_\_\_\_", meaning "Beautiful Island".
- 6. Many locals prefer to speak with their dialect called \_\_\_\_\_\_.
- 7. The official language of Taiwan is mandarin \_\_\_\_\_\_.



\_\_\_\_\_\_ is one of the most favourite activities in Taiwan. There are special clubs dedicated just for this type of amusement which are opened 24/7, such as Party World or Cashbox. These places have lobbies like hotels. You get a private room the size of which depends on how many people are in your group. Many families even have an equipment for the activity at home.



### Barbora Víšková, G4.C

Morakot
Taipei
Earthquake
Eluanbi
Formosa
Formosa
Formosa