

THE MOZART TIMES



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Dear Readers,

The senior year is really challenging not only because of the amount of study material we have to learn, but also because of the number of decisions we have to make. However, that definitely does not mean we cannot prepare another amazing magazine with a lot of great articles for you. We should summarize what we have experienced in this school. What have we learnt so far? How good has these years been? And above all, we should enjoy the “most beautiful” time of our lives.

In this issue of our magazine you can find a tip for a very interesting activity that might change your life. Have you ever asked yourself a question: “What to read during the long school year?” If so, we bring you a book definitely worth reading. Then there is an article about the recent school trip to London. You can also read a poem which is about the most relevant problem of every student. You can read an article about studying in our school here, too. And definitely do not forget to check out our tips for healthy and easy snacks.

Before you start reading the content, I would like to thank all members of our team who were contributing to this magazine. Thank you very much!

So, enjoy this issue and the time you spend in our school!

Your *Maddie*

Our Trip to Royal London

During this October, the students including me got an amazing opportunity to visit London, the capital city of the United Kingdom of Great Britain and Northern Ireland. This time, we did not only explore the beauties of this magical city but also took a course of English Language Study of 9 hours approved by the British Council in the United Kingdom delivered by fully qualified English teachers.



Our journey started on 28th October. After learning a life lesson in the past years, the organizers ordered a cosy, luxury, double-decker bus, so our twenty-two-hour drive was quite comfortable. We arrived in a French port city, Calais, at 6:20 a.m. and after a thirty-five-minute drive through the Eurotunnel, we finally arrived in England at 5:55 a.m.



That day we visited many interesting parts of London, for example, the London Eye, which probably is the most popular paid tourist attraction in the United Kingdom. We also sailed along the River Thames, crossed the Golden Jubilee Bridge, saw the Westminster Abbey and the Palace of Westminster and the Buckingham Palace, checked the National Gallery – an art museum in Trafalgar Square, visited the Piccadilly Circus and more. At the end of this busy day, we finally arrived in our host families.

According to our English proficiency levels, we were divided into three groups the next day. During the course we could improve our English by talking to native speakers and taking several English tests. We also practiced our vocabulary and presentation skills. In the afternoon we visited the Hampton Court Palace. It is a royal palace in the borough of Richmond upon Thames, south west and upstream of central London on the River Thames. Building of the palace, its courtyard and gardens serve as an open-air museum of King Henry VIII. There we could learn many interesting facts about this monarch who is best known for having six marriages, executing two of his wives and starting The Anglican Church.

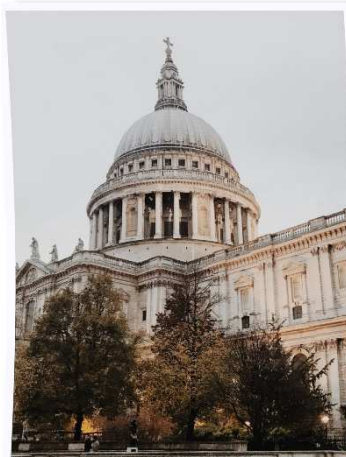




The next day we visited Windsor Castle, a royal residence at Windsor in the English county of Berkshire. It is notable for its long association with the English and later British royal family and for its beautiful architecture. Apart from the royal gardens and magnificent apartments, we could see the wedding dress of Meghan, Duchess of Sussex, and Prince Harry, Duke of Sussex. We also visited the splendid town of Windsor.

The last day we received Certificates of Completion of our English course. Then we visited London again. This time we visited the City of London, crossed the Tower Bridge which

is an iconic symbol of London, visited the Tower of London – a historic castle and fortress and prison located on the north bank of the River Thames in central London, saw the Globe Theatre – a theatre in London associated with William Shakespeare, crossed the Millennium Bridge, saw St Paul's Cathedral and much more. At the end of the day we got into our bus, and our journey back home began.



This trip was an amazing experience and I believe we all enjoyed it. We got many opportunities to learn something new and visit a lot of interesting places. I would like to recommend traveling and exploring the world to everyone. A little trip is never a bad idea.



Magdaléna Malířová, G4.C

procrastination

(noun)

The action of ruining your life
for no apparent reason.

As the first semester slowly but undoubtedly comes to its end, there is plenty of time for irresponsible procrastination. Therefore, I have decided to give you several tips to procrastinate successfully and without having any second thoughts.

Procrastination is a great way to spend your time when you are on tight schedule. In my opinion, you should invest your valuable time into watching new TV series. Ideally some which have many seasons. For example, The Walking Dead, Game of Thrones or The Big Bang Theory should do the trick just fine.

If you are a coward and feel like you can't "waste" your time watching TV shows, then what about trying some music. This year has been a wonderful source of new music as some great artists released new albums in 2018. There was a new album dropped by Imagine Dragons, Logic or ASAP Rocky. But if you're looking for something closer to the school theme, you should try Eminem's either loved or hated fresh album Kamikaze. I bet you can connect with the most successful rapper of all time.

Anyway, whatever kind of procrastination you choose, it should always help you to relax. The vital thing about healthy procrastination is not having bad conscience afterwards. If you don't have that sort of problem, then just happily carry on.

In case you do have regrets after procrastinating, here are some ideas why procrastination can be good for you. Firstly, there is something called active procrastination. This means that while you are resting, your brain is already working on the task you've been avoiding. Therefore, as soon as you actually get to work on the task, you have many more ideas and the work is easier and better.



And secondly, letting a task for later means that it might not be that important after all. In the end, it can help you to re-evaluate the importance of it. This helps you to spend time on things that make you really happy.

In summary, procrastination can be a good thing as long as you are happy with how far it goes. But you should be definitely careful, because not everyone can handle it with ease. After all, at least it gives you time to prepare a decent apology and concentrate on things that you're passionate about.

Martin Janatka, G4.C

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Every single high school girl cares about her look. One of the trickiest parts is the eyebrows. That is how I know most of the girls will find themselves in this poem focused on that very problem.

Eyebrows

They're supposed to be twins
But they're not even sisters,
And the one who wins
Is who got them thicker.

Sometimes I spend hours
Crying in the bathroom
But they still don't look like others
Believe me, it's awful.

Then I squeeze the tweezers
And get truly mad
By the time I realise
They look really bad.

Now I take a pencil
Trying to do my best
So tell me how it looks like
Don't be dishonest.

Do you have these problems too?
Are you desperate?
Well let me lighten up your mood
Cause nobody's perfect,
Neither your brows, nor even mine
So let's celebrate and let it go
With a bottle of great wine.



Barbora Víšková, G4.C

Sensitive, phenomenal and wonderful – this is an unfinished novel of Irène Némirovsky called *Suite Française*

Have you ever asked yourself a question: “What to read during the long school year?” If so, I have a very special tip for you. Let me introduce you to this breathtaking book and its unique author.

Irène Némirovsky – life and work of the author

Irène Némirovsky was born in Kiev in the Russian Empire in 1903 as the only daughter of banker Leon Némirovsky and mother Anastasie. The family left Kiev during the Russian Revolution in 1917 and they settled in Paris where Irène attended the Sorbonne. Irène was of Jewish origin but she was baptized into the Roman Catholic Church in 1939. In 1926, Irène married Michael Epstein, a banker, and they had two daughters: Denise and Danielle.



Irène was a writer and journalist, she wrote novels, tales and newspaper articles. Her work was influenced by classical realism. Her volatile and unhappy relationship with her mother became the main theme of many of her novels.

Irène was prevented from publishing when the Germans occupied France in 1940. She moved with her husband and two daughters from Paris to the safety of the small village of *Issy-l'Évêque*. Irène Némirovsky died in Auschwitz in 1942.

Suite Française – the fascinating story

The book is divided into two novellas portraying life in France between 1940 and 1941, the period when the Nazis occupied Paris and France. The author wanted to create five novellas to capture the course of the Second World War in France. The first novella is called *Storm in June* and the second novella is called *Sweet*. The third novella is called *Captivity* and it was not finished. The fourth and fifth novellas would perhaps have been called *Battles* and *Peace*.

The first novella *Storm in June* takes place in Paris in June 1940. Parisians flee from Paris in advance of the German entry into the city. Each family and each person have their own story. The escape from the city was a terrible experience for each Parisian. For example - Charlotte Péricand, a forty-five-year old woman, escapes without any of her sons, the older Phillipe stayed in Paris because he is a priest and he takes care of little orphans. Her younger son Hubert left his mother and ran away to support the French army at the front. Also, Charlotte Péricand escapes alone and with a heavy heart to Nîmes. Or - Maurice and Jeanne Michaud, some employees at a bank, want to go with the last train from Paris to Tours. Their son Jean is with the French army at the front and they have no information about him. Maurice and Jeanne missed the train to Tours because of their employer and they had to stay in Paris. At the end of this novella, Jean Michaud returns to Paris from the front and he looks for his parents.

The second novella *Sweet* takes place in a small town called Bussy in French countryside. The main character is Lucile Angelier whose unfaithful husband became a prisoner of Germans. She lives with her mother-in-law who is very despotic and strict. All inhabitants of the town have to accommodate the German soldiers who came with their division. Lucile and her mother-in-law have to accommodate German commander Bruno von Falk. Lucile falls in love with him and they spend very nice moment together. Madeleine Benoît, a friend of Lucile and fiancée of Jean Michaud, knows about Lucile's and Bruno's relationship and she helps them to hush it up in front of Lucile's mother-in-law. But in July 1941, when Germany attacked the Soviet Union, the troops occupying Bussy are posted to the Eastern Front - so Bruno von Falk has to go with them. After Bruno's departure Lucile finds a very romantic piano composition which was composed by Bruno and was called *Suite Française*.



My own opinion – analysis and evaluation

The writing of Némirovsky is very effective and powerful. Her style of writing is very swift and obvious. Némirovsky describes all events, crowd scenes and straits of individuals very objectively - she "stands" over the story but she "pulls" you in the story and you cannot stop reading.

Both novellas are excellent but, in my opinion, the second novella *Sweet* is better than the first novella *Storm in June*. The weak points of the first novella are crowd scenes and a lot of descriptions, the plot is described very objectively and then it is focused on the specific persons but we know only a little information about them. On the other hand, the second novella is narrowed to one story (but the plot is related to the first novella's plot) which is very thrilling and exciting - so it is much better than a description of some situation.

Irène Némirovsky described the escape of Parisians from Paris as one great apocalypse. Yes, she experienced this situation but it is very interesting that Némirovsky did not described this situation like a Ukrainian Jew but she described it like a proud French - the tragedy of France was her own tragedy. I agree with the author's point of view because I think that Némirovsky wanted to express that the love among people of different nationality and in bad times was possible.



I think the book is amazing in all of its aspects. It is a unique testimony of Second World War in France between 1940 and 1941. I would like to recommend this book to everyone who likes novels which are set in the 1940s.

Jan Bolehovský, former student

Healthy Snack Ideas Every Student Should Know

If anyone has not noticed, studying makes you really hungry. I used to never really know what to snack on. Whenever I got hungry, I would just stare into the fridge and then eventually I would just give up and grab something greasy. But then later I would realize how tired this junk food made me feel and I would be just way too lazy to study. So now I am going to give you three healthy and easy snack ideas that are going to give you the energy to get studying and stay studying. Let's get into it!

Green Goodness Sandwich

- two slices of bread
- a plant-based cream cheese
- zucchini slices
- cucumber slices
- avocado slices
- a baby spinach



Avocado contains fatty acids which are essential for our brain function. After all, our brain is made of 60% fat. It also contains even more potassium than bananas which is a macro mineral that helps to maintain lean muscle mass.



Apple Nachos

- thin slices of apples
- a peanut butter mixed with almond milk
- coconut or cane sugar
- mini dark chocolate chips

Apples contain antioxidants like quercetin that helps with our memory and pectin which is a fibre that improves our digestive health.

Pan-fried Cinnamon Banana

- a banana
- coconut oil
- a mixture of coconut sugar and cinnamon
- nutmegs



1. cut up your banana
2. fry the slices up for a few seconds with coconut oil
3. the longer you cook the slices, the softer they will be
4. just watch them and keep the heat really low

Magdaléna Malířová, G4.C



WORLD WITHOUT TIME

When I was in the ninth class of primary school I did not know what I could do next. I do not know it even now, but it does not matter. ☺ I decided for GYMOZART because of lessons of Spanish which I love from my childhood. And in a moment you will learn if it was a good idea.

Secondary school will give you many things but also will take away from you many of them. For example, your free time. Forget about walks, cinema, lunches, dinners and nights spent with a good movie. So it makes you do some timetable for your own life, which is so sad. But life is not a feather and you have to take it. I have never done it and I lost so much time which I really regret. But I take it the way it is.

The first year was gently difficult. Getting used to new people, environment, and a different way of teaching. I thought that this was the worst part, but I was stupid because the worst part of everything would come in a few years.

The second year was the best, in my opinion, it was the least challenging.

The third year brought seminars and these destroyed everything. But we survived. Someone with bruises and the rest with fractures.

Through everything the fourth year came and gave us a huge packet of depression, lack of sleep, bags under the eyes, dishevelled hair, incomplete homework, unexpected exams and super positive mood. Welcome to the graduation year! We have worries and studies over our heads and nobody takes care of us. It is important to take it with ease of mind.

My advice to you is to divide your time very well. You have to decide how much time you want to spend on school and on something for yourself. Prepare yourself thoroughly for school. It brings fruits. Also do not forget about yourself. Sometimes just switch off, get drunk (if you have been already 18 years old) and simply relax. Find some time just for you, your friends and your family.

The most valuable thing that this school gave me is friends whom will find hard to say goodbye when all of us go our new ways. And the last thing I would like to say is that they will also teach you to live without sleep. But you still love it here. ♥

Kristýna Dunová, G4.C

Motivational Quotes

THE HARDER
YOU WORK
FOR SOMETHING,
THE GREATER
YOU'LL FEEL
WHEN YOU
ACHIEVE IT.

SURROUND
YOURSELF
WITH PEOPLE WHO
PUSH YOU
TO BE
YOUR
BEST SELF

“WINNERS FOCUS
ON WINNING,
LOSERS FOCUS ON
WINNERS.”

DO SOMETHING
EVERYDAY THAT
BRINGS YOU CLOSER
TO YOUR GOALS

You must do
the things
you think you
cannot do.

Eleanor Roosevelt

if you get
TIRED,
learn to
REST,
NOT TO QUIT.